

The Doctor Visit Sheet

Bring one page. Leave with everything.

For: _____ Date: _____

Before — while you wait

What's changed since last time (sleep, appetite, mood, falls):

My top three questions, most important first:

1. _____
2. _____
3. _____

During — if anything changes

- ☐ New or changed medication — name written down
- ☐ Why this change, in plain words
- ☐ Dose, time of day, with or without food
- ☐ What it must not mix with
- ☐ “Could you repeat the plan back to us once more?”

After — before you leave the lot

- ☐ Next appointment made

Follow-ups promised (labs, referrals, calls):

Or skip the pen: record the visit with PresentCare —
the app writes the summary, meds and tasks for the whole family.

Free on the App Store · presentcare.app

